

Personal Details Form



You must complete this form **before** you take part in any club/society activity of high risk.
A copy of this form must be lodged with CSC reception as a condition of membership of the club/society.

Club/society name

Full name _____	Date of birth _____
Term address _____	Telephone _____
_____	Mobile _____
_____	Email _____

Please tick Male Female

Are you a registered UCL student?

- YES Course _____ Year _____ PRN Number _____
- NO *N.B. persons participating in UCL Union activity who are **not** registered UCL students are ineligible for cover under the Union's Personal Accident Insurance Policy and should make their own insurance arrangements.*

Experience

Please outline below any relevant experience you have relating to the above club/society including any National Governing Body Awards or Qualifications.

Can you swim 50 metres fully clothed? YES/NO

As a member of this Club/Society you may participate in activities which involve an above average element of risk, in environments where professional medical and rescue services are not immediately available.

It is your responsibility to ensure that you fully understand the exact nature of each activity you undertake, the risks involved, the skill levels required and the equipment needed for your safe participation. You should **never** participate in an activity where you are unsure of **any** of the above aspects. If in doubt, ask your club/society committee members or the Sports & Recreation Manager for further information.

Please turn over →

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Your personal health

The activity of this club/society and its associated training can be a strenuous activity. To take part in this club/society's activity, you should therefore be in good health and have no medical or physical condition precluding heavy exercise.

If there is any doubt you should first consult a doctor.

Some conditions such as asthma and diabetes, for example, do not prevent individuals participating in the activity, but you do have a **duty to declare any condition that might put yourself or others at risk**. Likewise you have a **duty to declare any change** in personal health whilst a member of the above club/society that may put yourself or others at risk.

It is important therefore that you inform those around you e.g. club/society president, captain, coaches and other participants, of any condition they may have to deal with in the event of an emergency. You must inform the Club/Society Captain or Activity Leader of any relevant medical condition or previous injuries which may affect your safe participation in the activity.

Water based sports

For your own safety it is important that you are a competent swimmer. At a minimum you must be able to swim 50 metres in light clothing. **If you cannot meet this requirement you must wear a lifejacket or buoyancy aid at all times when participating in activity on or in the water.**

Declaration

- I have read, understood and agree to act in accordance with the above statement.
- I agree to act in accordance with the Club/Society Constitution and the Club & Society Good Practice Guidelines Health & Safety Manual.

Signed: _____

Date: _____

N.B. This declaration should be completed before any activity is undertaken.