

Constitution of Students' Union UCL

UCL Lifestyle Medicine Society

1 Name

- 1.1 The name of the society shall be the UCL Lifestyle Medicine Society.
- 1.2 The society shall be affiliated to Students' Union UCL.

2 Statement of Intent

- 2.1 The constitution, regulations, management and conduct of the club/society shall abide by all Students' Union UCL Policy, and shall be bound by the Students' Union UCL Memorandum and Articles of Association and Byelaws, the Club and Society Regulations and the Club and Society Procedures and Guidance, laid out in "how to guides".
- 2.2 The club/society stresses that it abides by Students' Union UCL Equal Opportunities Policies, and that club/society regulations pertaining to membership of the club/society or election to management of the club/society shall not contravene this policy.
- 2.3 The Club and Society Regulations can be found at the following website:
www.studentsunionucl.org.

3 The Society Committee

President

- 3.1 The President's primary role is laid out in section 5.7 of the Club and Society Regulations.

Treasurer

- 3.2 The Treasurer's primary role is laid out in section 5.8 of the Club and Society Regulations.

3.3 Secretary

The Secretary is responsible for taking minutes at the committee meetings and for overseeing correspondence to the society.

3.3 Events Officer

The Events officer is responsible for planning a number of society events.

- 3.4 Management of the club/society shall be vested in the club/society committee which shall endeavour to meet regularly during term time (excluding college reading weeks) to organise and evaluate the club/society activities.
- 3.5 The committee members will perform the roles as described in section 5 of the Students' Union UCL Club and Society Regulations.
- 3.6 Committee members are elected to represent the interests and well-being of club/society members and are able to be held to account. If club/society members are not satisfied by the performance of their representative officers they may call for a motion of no-confidence in line with the Students' Union UCL Club and Society Regulations.

4 Terms, Aims and Objectives

- 4.1 The club/society shall hold the following as its aims and objectives.
 - 1) To increase awareness of the benefits of lifestyle medicine for all students.
 - 2) To learn how we can apply these principles to our lives
- 4.2 The club/society shall strive to fulfil these aims and objectives in the course of the academic year as its commitment to its membership.
- 4.3 The core activities of the society shall be:
 - 1) Lecture Series – every term we aim to host lectures on various areas of wellbeing and healthy living. Each lecture will address a new area and will be given by an expert in the field.
 - 2) Self-care socials – Social activities that aim to improve wellbeing.
 - 3) Exercise classes – Either online or in person, we aim to have a variety of different instructors give taster sessions to allow students to try new things.
- 4.4 In addition, the club/society shall also strive to organise other activities for its members where possible:

Group trips to externally organised healthy living conferences and events.

- 4.5 This constitution shall be binding on the club/society officers and shall only be altered by consent of two-thirds majority of the full members present at a society general meeting. Activities Network Executive shall approve any such alterations.
- 4.6 This constitution has been approved and accepted as the Constitution for the Students' Union UCL Lifestyle Medicine Society. By signing this document the President and Treasurer have declared that they have read and abide by the Students' Union UCL Clubs and Societies Regulations.

President name: Niharika Thakur	Treasurer name: Ashley Poole
President signature:	Treasurer signature:

@thaker

A. Bole

Date ratified: 24/09/2020