

### Your Role as a Leader

Thank you for attending!

Please ensure you have signed into this session.



## **This Session**

#### We will cover:

- What your members should expect from you.
- Role of Welfare Officer what is expected and what training is available.
- Signposting to the Union Advice Service and UCL
- How to get the best out of your committee/democracy
- How to make a change
- Dealing with conflict harassment/bullying.

- Union Policies to be aware of i.e. Zero Tolerance, Equality and Diversity etc.
- What to do if you are concerned about a member/an incident occurs
- Communicating with your members how and why it's important
- Publicity Statement (we will review this)
- Inclusivity, Diversity and our expectations
- Engaging with International / PG Students.



# **Any Questions?**

Submit your questions to:

www.slido.com

Session Code: leader2018

We will go through as many as we can at the end!



## Leadership

Group Task – in 4's can you discuss and write down what makes an excellent leader and what constitutes a poor one.





## What your members expect from you

Group Task – on post it notes can you identify what your members should come to expect from the President & Treasurer...





### Role of Welfare Officer

What is expect and what training is available

- Reasons for the introduction of the role
- Represent all minority communities within Club/Society
- Overcome retrospective disengagement
- Tackle the bespoke barriers to accessibility of respective core Club/Society activity.
- Developing a strong and progressive culture of inclusivity throughout the Union.

Training will take place in Term 1.

If in doubt....ask for support





## **Project Active!**

Breaking down barriers to sport; helping inactive students get active!

No Commitment

No Judgement

No experience needed





## Target Audience

Women - Women's Only Sessions

Post Graduates

•BAME Students

Students with disabilities





## **Activators**

•Student Volunteers who help facilitate sessions:

Project Activators

O2 Touch Ambassadors

Hockey Activators

Football Activators





## What's On

•Welcome Week taster sessions

Weekly sessions each term

•This UCL Girl Can Week

•FA People's Cup Tournament





## How to get Involved!

 Run an event – club or society! So long as the aim is physical activity.

•Become an Activator and help facilitate sessions







## Support

#### **Students' Union UCL Advice Service**

Website: www.studentsunionucl.org/help-and-advice/advice-service

Drop in: Monday – Thursday 11am – 1pm and 2pm – 4pm,

Friday: Office Closed

Address: 1st Floor Bloomsbury Theatre, 15 Gordon Street, London

WC1H 0AY

Telephone: 020 7679 2998

#### **Mental Health First Aiders**

We have a number of trained mental health first aiders.





## Getting the best out of your committee

#### Communication

- Regular committee meetings with clear minutes/notes/updates.
- WhatsApp groups or similar.

#### Input

- Joint Decisions
- Always ask for input or have a committee vote rather than taking Chair's action



## Getting the best out of your committee

#### **Delegate**

- Don't try to do everything yourself.
- Utilize individual strengths
- Make sure they are aware of correct procedures.

#### Oversight

- Make sure everyone is aware of their responsibilities
- Ask for regular progress reports at committee meetings
- Check in with them regularly



## How to make a change

- Poll your members
- Club/Society Constitution make changes at AGM/EGM (two thirds majority vote required)
- Attend Activities Networks
- Consult Officers
- Union Council
- Talk to the Staff team.



# Dealing with Conflict (Harrassment/Bullying)

- We will not tolerate any form of harassment.
- In the immediate instance, you can report harassment to a member of staff or a security guard.
- Harassers will be immediately removed from our venues. Their details will be taken and they will be disciplined in accordance with our disciplinary procedures.
- We can support in challenging harassment!





## Harassment continued...

- Direct Action
- Distraction
- Delegation
- Delay

Reporting an Incident



## **Inclusivity and Diversity**

- No segregated events
- Alcohol free socials
- Accessible venues
- Pride in Team UCL training
- Fair auditions/trials
- Try to make activity financially viable
- Welcome to all



## Union Policies to be aware of

- Zero Tolerance
- Equality and Diversity
- Write your own policy?
- Internal Code of Conduct / shared values

 Group task – quickly discuss what might be included in your Society/Club Code of Conduct or shared values



# What to do if you're concerned about a member

If you are worried about their health and wellbeing you can:

- Fill in a student cause for concern form, this goes straight to SSW who will make contact with the student.
  - Http://www.ucl.ac.uk/students/support-and-wellbeing/report-student-youre-concernedabout
- Encourage them to visit the Advice Service for support and assistance.



# What to do if you're concerned about a member

Look at these pages on the Union website that help with mental health:

- <a href="http://studentsunionucl.org/help-and-advice/personal-health-and-wellbeing/mental-health">http://studentsunionucl.org/help-and-advice/personal-health-and-wellbeing/mental-health</a>
- Encourage them to contact Care First
- You are not here to solve stressful conflicts. If you think you need help, ask for support.
- Don't forget to look after yourself.



## Communicating with your membership

- Membership List
- Emails
- Social Media
- Updates
- Feedback
- Passing on information from the Union





## **Publicity Statement**

- Names / Logos
- Foreign Language / English Translation
- Personal Details
- Publicity
- Flyering





# Postgraduate & International Students

- 53% PG and 42% International
- Consider everyone
- Taster session times
- Training times
- Specific offer



## **Questions?**

We will go through as many Slido submissions as possible.

Any unanswered questions will be compiled together and emailed to all Presidents and Treasurers the following week.