

Updates from Henry Warne, Sports Development Manager

Varsity 2024

We are pleased to have finalised the schedule for the London Varsity Series 2024, which will include 25 events across 5 days from 14 – 18 March 2024. This year the Series will include a live watch party in the Main Quad on Sunday 17 March, and we will once again be partnering with the Film and TV society to help deliver Varsity sport to the full UCL community.

Disability History Month at TeamUCL

From Friday 24th November, TeamUCL are offering four free 1-2-1 fitness sessions to all UCL students who identify as disabled, in our gym, Bloomsbury Fitness. This is a year round programme, and can be accessed at any point during the year by students with any sort of disability, such as mental health conditions, physical disabilities and neurodivergence. Also, Project Active are running Sitting Volleyball and Wheelchair Badminton Project Active sessions for any student that want to try a new sport. We're also running Quiet Sessions, which are low-to-moderate intensity, low-stimulus online classes for neurodiverse students. We're aiming to run seated yoga and a fitness class.

Staff Recruitment Update

We are currently recruiting for a new role in the Sport and Physical Activity team, the **Physical Activity Manager**. This is a new post funded through the UCL Student Life Strategy. The introduction of a Physical Activity Manager will further enable us to reach our goal of developing an active campus for UCL, where every student has the opportunity to be active in a way that works for them. The Physical Activity Manager will lead on a range of new projects and initiatives, including the implementation of a new exercise referral scheme in partnership with Student Support and Wellbeing.