



# Sports Colours Criteria (For Individuals)

## General notes:

Individuals can only be awarded one tier of colours per year. However, on top of colours they can be awarded any other award: Honorary Life Membership, Sporting Excellence, Caps, Mandy Walker Cup for Sports Personality of the Year, Captain of the Year, Unsung Hero, Coach of the Year, Sportsman and Sportswoman of the Year.

*Dedicated service: committed participation in activities and contributions to the successes of the club. For example, attended almost all or all training sessions, played almost all or all fixtures and turned up to almost all or all social events etc.*

*Exemplary service: has gone above and beyond expectation. The club's successes would not have transpired without the contributions and efforts of this individual. For example, dedicated participation in club's volunteering on top of other club activities, dedicated in fulfilling their committee role responsibilities, taken on responsibilities beyond that of a regular member (if not a committee member), responsible for beneficial developments or innovations for the club, overcome potential barriers to participation, etc.*

## 1. Sports Centenary Colours

3 years of exemplary service to one or more sports club(s) at Student's Union UCL.

OR

4 years or more of dedicated service to one or more sports club(s) at Student's Union UCL.

## 2. Sports Colours

2 years exemplary service to one or more sports club(s) at Student's Union UCL.

OR

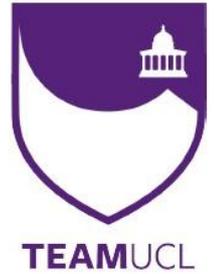
3 years dedicated service to one or more sports club(s) at Student's Union UCL.

## 3. Sports Commendation

1 year exemplary service to one or more sports club(s) at Student's Union UCL.

OR

2 years dedicated service to one or more sports club(s) at Student's Union UCL.



## **Sporting excellence**

An individual who is in their final year at university and has represented their sport at a top level throughout their time at university, either as a member of the 1st team and/or displayed a high level of performance at BUCS National events.

Demonstrated the highest levels of commitment to their sport through attendance at training and matches/competitions.

Plays a pivotal role in their team/club and is dedicated to driving its success.

## **Caps**

- Awarded annually to individual sportsmen/women who have represented their country in any sport.
- Recipients will have represented Team UCL where possible.
- Caps may only be awarded once to any one individual in respect of any given sport.