### **PRC** in House Menu

## **Breakfast**



0.45 Kg CO<sub>2</sub>e Toast with butter and jam

**B** 0.19 Toast with smashed avocado

0.48 Kg CO<sub>2</sub>e Toast with smashed avocado and salmon

0.93 Kg CO<sub>2</sub>e Toast with bacon and brown sauce

**C** 0.64 kg CO<sub>2</sub>e Toast with sausage and brown sauce

**C** 0.76 Breakfast pot

**B** 0.49 Vegan Breakfast pot

## Lunch

**B 0.67** kg CO<sub>2</sub>e Carrot and coriander soup

C 1.24 | Tomato and basil soup

**A** 0.09 Large crusty roll

**C 1.26** | Jacket potato with cheese and beans

C 1.46 | Jacket potato with cheese and tuna

C 1.19 Jacket potato with cheese and cauliflower

C 1.16 Vegetable lasagne

**B** 0.41 Vegan shepherd's pie

C 1.31 Macaroni cheese

**C** 1.77 Fries with chicken wings

#### **Deserts**

**B 0.29** Nutella and banana waffle

**B** 0.29 Waffle with blueberry and ice cream

**B 0.23** Waffle with syrup

0.50 Nutella and banana pancakes

## CO<sub>2</sub>e data for the UK provided by the Klimato Database.

The labels show the  $\rm CO_2e$  emissions of a food serving (kg  $\rm CO_2e$ /serving) and a rating (A-E) reflecting its relative climate impact.













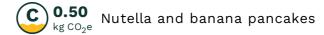
Very low

Low M

Medium

High

Very high





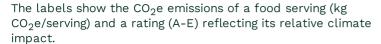
Pancake with blueberry and ice cream



Pancake with syrup

# **Klimato**

CO<sub>2</sub>e data for the UK provided by the Klimato Database.





Very low



Low



Medium





High





