

Project Activator Volunteer Role Description

STUDENTS UNION UCL

Students' Union UCL is an organisation that exists to make more happen. We are the representative body for University College London's (UCL) students, one of the most diverse student communities in the world. UCL students have the potential to do anything, and the Union plays an essential role in helping them to achieve things they may have never thought possible. We work in partnership with UCL towards a fantastic experience for all of our 48,000 students and to ensure that university life enables them to develop the skills, experience and confidence to become the leaders of the future.

Sport and other forms of physical activity build student communities, accelerate friendships, support physical and mental wellbeing, and help to provide sense of belonging. We want to build an active campus for UCL, where every student has the opportunity to take part in sport and physical activity, in a way that work for them. Team UCL aim to have 50% (currently 25%) of students engaging with our sport and physical activity offering by 2028.

PROJECT ACTIVE

[Project Active](#) offers low cost, beginner friendly, inclusive activity to all UCL staff and students. The programme has a particular focus on engaging our underrepresented students' groups including postgraduates and women of the global majority. The Project Active programme includes a wide range of weekly classes, give it a go sessions, pay and play sessions, 'learn to...' courses, mass participation events and online challenges. During the 2023/24 academic year, Project Active engaged over 3500 students.



ROLE OUTLINE

Project Activators are students at University College London who are enthusiastic about developing and promoting Project Active to their peers and are interested in motivating inactive students. They will be the face of Project Active within the university and create a friendly and welcoming environment for all students. Project Activators can be but do not need to be part of sports clubs, nor do they need to be qualified, they just need to be committed and interested in engaging fellow inactive students.

COMMITMENT

Project Activators will commit to taking the below approach towards their role:

- » Fully open and inclusive
- » Encouraging and professional
- » Friendly and welcoming
- » Respecting the Project Active brand

DUTIES & RESPONSIBILITIES

- » Promote Project Active activity across the University
- » Encourage inactive students to participate in Project Active
- » Represent Team UCL in a positive manner
- » Provide a fun, friendly & welcoming atmosphere whilst attending or delivering sessions
- » Maintain open lines of communication with Team UCL staff
- » Take photo and video content at Project Active sessions and events
- » Gain regular feedback from Project Active participants to help us improve our offering
- » Attend development meetings, training and CPD's as appropriate
- » Help at Team UCL's mass participations events and relevant fairs.

RECOMMENDED SKILLS & EXPERIENCE

- » Enthusiastic about promoting and developing accessible sport and physical activity to peers and motivating inactive students to take part.
- » Be willing and able to engage with the programme in its entirety including induction, ongoing training, and other opportunities
- » Good communication skills
- » Reliable & trustworthy
- » Flexible & adaptable
- » Excellent people skills and an ability to put newcomers and beginners at ease

SKILLS DEVELOPED

Communication, team working, leadership, flexibility, planning & organisation, independent working and time management.

TRAINING & SUPPORT

We want you to have the very best volunteering experience with us; therefore, we take care to ensure you get the training and support you need to carry out your role including:

- » An initial induction to Project Active and the role
- » Ongoing mentoring and support from Team UCL

Any further training and support needs will be discussed with Lilley Kennedy (Physical Activity Manager) who will be your main point of contact.

BENEFITS

The time and skills that you provide are invaluable and we make every effort to ensure you feel appreciated in your role. Team UCL is invested in retaining volunteers and ensuring their volunteering is a supportive, high-quality experience working to the common aims of growing university sport and developing students' skills. In this role you will benefit from:

- » A free Project Activator t-shirt provided by Akuma
- » Access to all training required to complete the role
- » Increasing your employability skills which will help make your CV stand out from others
- » Helping shape the Project Active programme and University Sport as a whole
- » Free access to Project Active weekly classes throughout the year
- » A monthly prize for Project Activator of the month
- » Making a difference to your University
- » A flexible position that can work around your existing academic and sporting
- » Full support from Team UCL staff
- » Opportunity to apply for personal development courses including coaching or officiating qualifications after you have completed 10 volunteering hours

FURTHER INFORMATION

- » Project Activators are responsible to Lilley Kennedy (Physical Activity Manager) in the Team UCL's Sport and Physical Activity team.
- » Online applications for the 2024-25 academic year are now open.
- » Following your online application, you may be invited for an informal meeting or group briefing with the Project Active Team to discuss the role.