

2024-25

Constitution of Students' Union UCL

Lifestyle Medicine Society

1. Name

- 1.1. The name of the club/society shall be Students' Union UCL [Lifestyle Medicine Society](#).
- 1.2. The Club/Society shall be affiliated to Students' Union UCL.

2. Statement of Intent

- 2.1. The constitution, regulations, management and conduct of the club/society shall abide by all Students' Union UCL policy, and shall be bound by the [Students' Union UCL Memorandum & Articles of Association](#), [Byelaws](#), [Club and Society Regulations](#) and the club and society procedures and guidance – laid out in the '[how to guides](#)'.
- 2.2. The club/society stresses that it abides by Students' Union UCL Equal Opportunities Policies, and that club/society regulations pertaining to membership of the club/society or election to the club/society shall not contravene this policy.
- 2.3. The Club and Society Regulations can be found on the following webpage:
<http://studentsunionucl.org/content/president-and-treasurer-hub/rules-and-regulations>.

3. Committee

- 3.1. President
 - 3.1.1. The Presidents' primary role is laid out in section 5.7 of the Club and Society Regulations.
- 3.2. Treasurer
 - 3.2.1. The treasurer's primary role is laid out in section 5.8 of the Club and Society Regulations.
- 3.3. Welfare Officer
 - 3.3.1. The Welfare Officers' primary role is laid out in section 5.9 of the Club and Society Regulations.

The welfare officer is in charge of promoting good mental health amongst members, through the dissemination of uplifting messages on social media and/or group chats. They also ensure all members remain safe while participating in UCL Lifestyle Medicine society events.

3.4. Additional Committee Members

3.4.1. Secretary

3.4.1.1. The secretary is responsible for taking minutes at committee meetings and overseeing correspondence to the society.

3.4.2. Events Officer

3.4.2.1. The event officer is in charge of the planning and execution of events, including liaising with external speakers/guests.

3.5. Management of the club/society shall be vested in the club/society committee which will endeavour to meet regularly during term time (excluding UCL reading weeks) to organise and evaluate club/society activities.

3.6. The committee members shall perform the roles as described in section 5 of the Students' Union UCL Club and Society Regulations.

3.7. Committee members are elected to represent the interests and well-being of club/society members and are accountable to their members. If club/society members are not satisfied by the performance of their representative officers, they may call for a motion of no-confidence in line with the Students' Union UCL Club and Society Regulations.

4. Terms, Aims and Objectives

4.1. The club/society shall hold the following as its aims and objectives.

4.2. The club/society shall strive to fulfil these aims and objectives in the course of the academic year as its commitment to its membership.

4.3. The core activities of the club/society shall be:

4.3.1. Wellbeing socials

4.3.2. Lecture series

4.4. In addition, the club/society shall also strive to organise other activities for its members where possible:

4.4.1. Formalise UCL lifestyle Medicine Society's affiliation to the British Lifestyle Medicine (BSLM)

- 4.4.2. Participate in BSLM-related events, such as the #1 change campaign and promoting BSLM lectures
 - 4.4.3. Movie screenings
 - 4.4.4. Promoting healthful lifestyle Medicine messages through social media, in the form of reels and challenges
 - 4.4.5. Charity fundraiser
- 4.5. This constitution shall be binding on the club/society officers and shall only be altered by consent of two-thirds majority of the full members present at a club/society general meeting. The Activities Executive shall approve any such alterations.
- 4.6. This constitution has been approved and accepted as the Constitution for the Students' Union UCL [Lifestyle Medicine Society](#). By signing this document, the President and Treasurer have declared that they have read and abide by the Students' Union UCL Club and Society Regulations.

President	Name: Sze Wing Danielle Yu
	Signature: 
	Date: 24 August 2024
Treasurer	Name: Unlee Kunkamol Ruengsrinukulkij
	Signature: KUNKAMOL
	Date: 24 August 2024