

# BLOOMSBURY FITNESS TERMS AND CONDITIONS

**MEMBERSHIPS** – are strictly non-transferable, non-refundable except for medical reasons or withdrawal from your academic institution. Appropriate proof will be required from a doctor or a colleague. Refunds will be calculated as follows: For example, if you buy a 3, 6, 9 or 12 month membership and request a refund, each whole month lapsed since the start of the membership will be charged at the current monthly rate. Hence there is likely to be no refund if the calculation is greater than the purchase price (beyond 6 months usually). There will be a charge equivalent to our current monthly rate for refunds within the first month of membership. For safety and insurance purposes membership is conditional on you having read and accepted the Health Commitment Statement and your adherence to it, a doctor's letter may be required stating that it is safe for the applicant to participate in activities at Bloomsbury Fitness if deemed necessary. Internet memberships are automatically activated within 7 days of purchase if you have not done so in person by bringing in the application form. Please ensure you have read the Health Commitment Statement and our Terms and Conditions. By joining online or in person, you are agreeing to them.

- Applicants for membership must be at least 17 years of age.
- Bloomsbury Fitness reserves the right to rescind membership under the following circumstances:
  - Offences within Bloomsbury Fitness, UCL/ Students' Union UCL premises and events including inappropriate behaviour to other users or staff.
  - Serious failure to respect the membership rights of other members.
  - Vandalism of Bloomsbury Fitness or Students' Union UCL property.
  - Misuse of your membership card. Your membership and card/fob is non-transferable.
  - Willful failure to adhere to the Terms & Conditions, Gym Etiquette or Gym Health & Safety Code.
  - Refusal to comply with reasonable staff requests relating to policy, procedures and safety.
- Members are required to email the Bloomsbury Fitness Manager in the event of a serious grievance or complaint in the first instance. The Students' Union UCL Student/Staff Protocol will operate for Students' Union UCL /UCL members if necessary. (The protocol does not apply to public/other, students/alumni).
- The management reserves the right to refuse admission without reason.
- We may need to limit the number of people in the main gym during our busiest times and operate on a 1 out, 1 in basis if we think it necessary for members' health and safety and comfort. If possible please make use of our opening hours and quieter times, including weekends, effectively for your own comfort.

**RECEPTION** – Membership ID must be brought and used to enter turnstiles to avoid unnecessary delays at reception. You must replace lost or stolen membership ID card after 3 visits without it. You may be refused entry after this.

**HEALTH AND SAFETY INDUCTION** - You may need to watch our health and safety induction video or taken part in our H&S induction. This also covers gym etiquette. You will need to follow the guidelines as part of your membership.

**FITNESS SUITE** – Members must adhere to the 'Gym Etiquette and Gym Health & Safety Code' (available at reception or online). The code covers aspects of safety, hygiene and etiquette in the facility. Please observe and follow any instructions from staff regarding safe exercise technique and safe practice so either you or others around you are not put at risk. Children are not allowed on the fitness suite main floor at any time.

**FOOTWEAR** – Appropriate workout footwear (trainers, weightlifting shoes) must be worn in the main gym. Footwear must also be worn within the corridors and all exercise classes at all times, unless a class instructor specifically requests otherwise. In the Dojo/Multi-purpose room or on matted areas for classes only bare feet or socks are permitted. Please remove shoes before you step on mats. For health and safety, members must wear shoes when going in between studio, dojo/multi-purpose room and from the changing room.

**CLOTHING & HYGIENE** – Street wear is not allowed while working out (jeans, trousers, combats, shoes etc). If it has belt hooks, we deem it not to be gym attire. You will be asked to leave the main gym/stretch area if inappropriately dressed. Appropriate clean fitness training attire must be worn while working out in the gym, i.e. t-shirt/vest/sweatshirt/shorts/leggings and appropriate, clean trainers and/or plimsolls). A top must be worn in all areas including the rowing gallery. Please ask/show a gym instructor if you are unsure of clothing suitability. Smell fresh, look fresh. Please consider others in the environment. We sell basic toiletries at reception.

**CHANGING ROOMS** – Strictly no photography, mobile phones/cameras to be operated in the changing rooms. Keep the changing rooms tidy, dispose of rubbish in the waste bins.

**LOCKERS & LEFT PROPERTY** – Lockers are provided for storage of belongings and are only for use while you workout and at no other times. Warning: Our lockers auto open 3 hours after being locked to prevent personalization. Bloomsbury Fitness or its staff cannot be held liable for any losses, damage or theft of personal belongings from the premises, whether outside or from inside the lockers. Human error and the lack of correct operation is the main reason for locker incidences. Please follow lock instructions posted in the changing rooms to maintain a higher degree of security. Cover the code when setting. Items found or cleared from the lockers will be taken to UCL Lost Property (located in Foster Court, Malet Place) within a week. We will try to contact you if we can identify they are your belongings. It is your responsibility to remember your locker number/name and PIN code. The staff will aid you as far as possible if you forget. We may need to work by a process of elimination to identify the locker which can take 15-20 mins. Please be patient if this is the case.

**LOST PROPERTY** – Do not leave your belongings unattended anywhere on the premises. Bloomsbury Fitness or its staff cannot be held liable for any losses, damage or theft of personal belongings. You are wholly responsible for your belongings at all times. If any items are found or handed in, we will keep them for approximately 1 week and then forward them to UCL Lost Property (located in Foster Court, Malet Place) if unclaimed in this time. Unidentified items left or recovered from lockers will also be treated as lost property. Members should email [bf.admin@ucl.ac.uk](mailto:bf.admin@ucl.ac.uk) with a full description of the lost property and we will contact you if it has been found or handed in to us.

**FITNESS / CLUBS AND SOCIETY CLASSES** – Class numbers are limited. Members must book in advance online to secure their place. You can book one day in advance and up to the time the class is due to start. You will not be allowed to join more than 5 minutes after the class has started due to health & safety reasons and general etiquette to other attendees. Your place may be given to someone on the waiting list if you are late. You must cancel the class if you cannot make it. A no show fee of £1 per class will apply if you do not attend a booked class. The class schedule and instructors are subject to change. Occasionally we may have to cancel the class due to circumstances beyond our control. Please ensure we have your correct contact number so we can inform you promptly. CSC classes are operated by the clubs and independently from Bloomsbury Fitness.

**SQUASH COURT BOOKINGS** – Bookings must be made online or in person. Squash fees: The fee consists of the appropriate court hire fee (paid at the time of booking) plus a Day Membership fee on entry if not a member. Rescheduling is permitted within 7 days of original booking if you cannot attend. Court fees are non-refundable. In the case of the free bookings, a 'no show' will incur the payment equivalent to our court hire fee (£3.00). A fair use policy exists for free squash bookings. A maximum of 1 booking per day per person is allowed. If you book extra sessions, we will keep the earliest free booking and automatically cancel subsequent ones without notification to maintain the fair use. Please arrive and leave the court on time. Players must read and abide by the SRA code, posted outside the squash courts. We are part of a university and during term 1 and 2 we may have to give priority to some intercollegiate squash matches etc. at short notice and as such rearrange existing member bookings. We will plan ahead and endeavor to avoid this, however we will fully reimburse you in the event it does occur and apologies in advance if this happens.

**STUDENTS' UNION UCL CLUBS & SOCIETIES CLASSES** – Club participants are required to book classes online and pay (if there is a fee) for the session, collect the receipt and hand it to the instructor as proof of booking/payment. Membership (day or other) will also be required.

**MULTI PURPOSE ROOM/STUDIO** – If clubs or members are using the martial arts mats, they must put them away at the end of the session. Instructions are displayed. Please follow them.

**PERSONAL TRAINING** – Personal Training or Martial Arts training in exchange for a monetary or equivalent transactions is not allowed without approval from management. Additional charges may apply. Members are not allowed to bring their personal trainers and personal trainers who in turn are not allowed to bring clients. We have a separate arrangement for Personal Trainers interested in bringing clients etc. Please email [bf.admin@ucl.ac.uk](mailto:bf.admin@ucl.ac.uk) and we will send you information on this.

**QUIET TRAINING DAYS** – We share the building with our neighbouring facility the UCL Bloomsbury Theatre and offices. We will put out signs on 'quiet' training days. Please refrain from dropping or banging the weights or resistance machines. Martial Arts involving throwing action will need to adapt the class accordingly to avoid throwing. This is to prevent noise transmission through the building on selected nights/times throughout the year to facilitate performances. Your co-operation will be required on these nights. In extreme situations it may be necessary to close all or part of the free weights area to facilitate theatre performances.

**FACILITY MAINTENANCE** – Occasionally, due to circumstances beyond our control, we may have to close certain facilities such as the toilet areas, changing rooms due to facility maintenance issues. We will minimise disruption as much as possible and give as much notice as possible, however there may be some inconvenience caused during such occasions. We operate according to the UCL main campus operational dates.

**CLOSURES** – We operate according to the UCL calendar. Our membership prices take into account all our closure dates as displayed on the BF homepage. We will update members if dates are changed and apologise in advance for this.

**MEMBERSHIP COMMUNICATION** - We will be sending email updates about BF once a month or as and when necessary to update our members about closure days, new classes or new gym offers. Should you not wish to receive this information, you have the chance to opt out at any time.



BF

BLOOMSBURY FITNESS

# APPLICATION FORM

 STUDENTS'  
UNION UCL

# MEMBERSHIP APPLICATION FORM

Please pay online and bring this completed form with you to the gym. Membership will be activated after 7 days of purchase if not done so in person by then. You agree to the terms and conditions by signing up online. Please see [www.bloomsbury.fitness](http://www.bloomsbury.fitness) for more information.

How did you hear about us?

**Flyer**      **Internet**      **Poster/Banner**      **Friend**      **Renewal**

PLEASE PRINT IN CAPITALS

Title: \_\_\_\_\_ Surname: \_\_\_\_\_

First Name: \_\_\_\_\_ Date of Birth: 

D	D	M	M	Y	Y	Y	Y
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Mobile Tel No: \_\_\_\_\_ Email: 


*(Telephone number is useful in case we need to contact you)*

I identify my gender as

Male:       Female:   
Other:  Prefer not to say:

Membership required *(please circle)*

**12 mth**      **9mth**      **6 mth**      **3 mth**      **1 mth**      **day**

Stage of Study:

Undergraduate:       Postgraduate:       n/a:

Year of graduation if applicable *(please circle)*:

**2018**      **2019**      **2020**      **2021**      **2022**      **2023**      **2024**

Would you like a free beginners Induction:      **Yes:**       **No:**   
*This is not compulsory so please tick if required*

You can use the gym as soon as you have joined. We strongly recommend our free gym induction if you have not used a gym before or need a refresher. A short Health & Safety induction or video will be required to be watched before using the free weights area.

# Health Commitment Statement (HCS)



Your health is your responsibility. Bloomsbury Fitness management & staff are dedicated to helping you take every opportunity to enjoy the facilities that we offer. With this in mind, we have carefully considered what we can reasonably expect of each other.

## Our commitment to you

1. We will respect your personal decisions and allow you to make your own decisions about what exercise you can carry out. However, we ask you not to exercise beyond what you consider to be your own abilities.
2. We will make every reasonable effort to make sure that our equipment and facilities are in a safe condition for you to use and enjoy.
3. We will take all reasonable steps to make sure that our staff is qualified to the fitness industry standards as set out by the Register of Exercise Professionals.
4. If you tell us that you have a disability, which puts you at a substantial disadvantage to accessing our equipment and facilities, we will consider what adjustments, if any, are reasonable for us to make.

## Your commitment to us

1. You should not exercise beyond your own abilities. If you know or are concerned that you have a medical condition which might interfere with you exercising safely, before you use our equipment & facilities you should get advice from a relevant medical professional & follow that advice.
2. You should make yourself aware of any rules and instructions, including warning notices. Exercise carries its own risks. You should not carry out any activities, which you have been told are not suitable for you.
3. You should let us know immediately if you feel ill when using our equipment or facilities. Our staff members are not qualified doctors, but there will be a person available who has had first-aid training.
4. If you have a disability, you must follow any reasonable instructions to allow you to exercise safely.

This statement is for guidance only. It is not a legally binding agreement between you and us, it does not create any obligations which you or we must meet.

Do you consider yourself to have an impairment or health condition? Yes:  No:

If yes, please indicate below:

Physical Impairment:  Visual Impairment:  Deaf or hearing impairment:   
Mental health condition:  Learning disability:  Multiple impairments:   
Long standing illness or health condition, such as cancer, HIV, diabetes, chronic heart disease or epilepsy:   
Prefer not to say:  None of the above:

If necessary we will further evaluate your situation on arrival to Bloomsbury Fitness and advise accordingly.

I have visited [www.bloomsbury.fitness](http://www.bloomsbury.fitness) and/or understand what facilities are available at Bloomsbury Fitness. I have read the HCS above and agree with the Bloomsbury Fitness Terms & Conditions (also available online at [www.bloomsbury.fitness](http://www.bloomsbury.fitness)) I understand that memberships are strictly non-transferable/non-refundable/non-freezable.

Member Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Data Protection Act 1998

This information is being collected for the purpose of Health & Safety and future promotion of Bloomsbury Fitness, Students' Union UCL. It will be retained for 6 years after which time it will be destroyed. The information will not be passed to any other organisation.